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Church Office-397-2748
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NEWSPAPER TREATMENT

CALENDAR - March 23-29

Friday

Sunrise Bible Study/Creed—Parlor6:30 a.m.
NA Home Group—Stafford Room 9:00 p.m.

Saturday

Worship—Chapel6:00 p.m.

Palm Sunday

Isaiah 50:4-9a, Psalm 31:9-16,
Philippians 2:5-11, Mark 14:1--15:47

Worship—Nave7:45 a.m.
Kyrie Bells—Balcony8:30 a.m.
Christian Formation Hour9:00 a.m.
Worship—Nave10:30 a.m.
Esbenshade Gathering—Fellowship Hall 1:00 p.m.
Matu—Chapel1:00 p.m.
NA Home Group—Fellowship Hall7:00 p.m.
Umpires—Library7:00 p.m.

Monday

Staff Meeting—Office10:00 a.m.
Dramability—Auditorium5:00 p.m.
Gloria Bella—Balcony6:30 p.m.

Tuesday

Wednesday

Community Meal—Fellowship Hall5:30 p.m.
Small Group/Creed— After School Room6:15 p.m.
Sanctus Bells—Balcony6:30 p.m.
Congregational Care—Parlor7:00 p.m.

Thursday

Small Group/Creed—Stafford10:00 a.m.
Maundy Thursday Service—Chapel12:00 p.m.
Seder—Fellowship Hall6:00 p.m.
Band Practice—Stafford8:30 p.m.



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Grace Lutheran Church

To view monthly events go to our website
www.gracelutheranchurch.com

(click on the calendar link at the top of the page)

Attendance for Worship

Worship 14 / 30 / 125 = 169
Sunday School 76

5 Tips to Support Your Body's
Natural Detoxification Process

author: Sarah Kolman RN, MA, CHPN, INHC

Our bodies come equipped with several natural detoxification systems. Systems like our kidneys, bowels, sweat glands, lungs, and liver all work to remove toxins we encounter everyday from our bodies.

4. Hydrate!

Drink plenty of water throughout the day to help flush your kidneys. How much is enough, you ask? My naturopath is continuously encouraging me to drink half of my body weight in ounces of water a day.

Which means, a person who is 150 pounds requires roughly 75 ounces of water a day. In general, drink enough fluid so that you rarely feel thirsty and your urine is colorless or light yellow.



Grace NEWS
LUTHERAN CHURCH HOLY WORSHIP + WHOLLY SERVING

#224780

March 20, 2018

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Saturday March 24 at 6:00 p.m. in St. Peter Chapel
Sunday March 25 at 7:45 and 10:30 a.m. in the Nave

Christians throughout the world will observe Palm Sunday. This day inaugurates the most important week of the Christian year, beginning with Jesus' glorious entry into Jerusalem and ending with his crucifixion and death.

Thursday March 29 at 12:00 noon in St. Peter Chapel

With nightfall our Lenten observance comes to an end, and we gather with Christians around the world to celebrate the Three Days of Jesus' death and resurrection. At the heart of the Maundy Thursday liturgy is Jesus' commandment to love one another

Thursday March 29 at 6:00 p.m. in Fellowship Hall
The Haggadah

It is not a coincidence that Jesus instituted the Holy Eucharist during Passover Seder. As we go through the Seder the ties between the Old Testament and the New, that Jesus fulfilled the prophecies of old, should become apparent.



March 30

The ancient title for this day—the triumph of the cross—reminds us that the church gathers not to mourn this day but to celebrate Christ's life-giving passion and to find strength and hope in the tree of life. In the ancient bidding prayer we offer petitions for all the world for whom Christ died.

7 a.m. Stations of the Cross & Breakfast / Meet in St. Peter Chapel
12 Noon Cross Walk / First Baptist Church, 612 N Duke St
7 p.m. Service in the Nave

We hear the story of the Passion of Jesus and meditate on the cross.



HOLY
SATURDAY

Easter Vigil March 31 at 6 p.m.
Begins in the church-yard; continues in the Nave

The resurrection of Christ is proclaimed in word and sign, and we gather around a pillar of fire, hear ancient stories of our faith, welcome new sisters and brothers at the font, and share the food and drink of the promised land. Raised with Christ, we go forth into the world, aflame with the good news of the resurrection.

This service is full of unusual experiences: bonfires, candles, darkness, a slideshow, bible stories, all leading to a baptismal festival celebration!

Easter Sunday April 1 ~ The Resurrection of Our Lord
7:45 & 10:30 a.m. Holy Communion Services in the Nave

After worship, like in prior years, all children are welcome to come outside with their families and blow “Easter bubbles of joy”.

During the 10:30 worship the Sanctus Singers will sing and process, and we will “unpack” the Alleluias from the trunk during our celebration. Each child will also receive a little bell which they should ring every time they hear an “Alleluia” during the worship service. What a celebration this will be!!



Easter Pot Luck Breakfast 9:00 a.m. Easter day in Fellowship Hall

Please join us for an Easter Pot Luck Breakfast April 1st during the Sunday School hour. Please bring a casserole to serve between 8-10 to share. Fresh fruit and beverages will be provided. Don’t miss the celebration!

Hang it on the Cross



In the poem "Hang It On The Cross" by Lisa O. Englehardt, everyone is encouraged to turn their secret sorrows, burdens and losses over to Lord who went from "trial to triumph" on Easter Day. You are invited to "hang it on the Cross" during Holy Week this year.

Our Grace Lenten Cross is set up next to the Queen Street entrance to our church. All you need to do is pick up a note card from the box next to the Cross. Write down your prayer request or burden and add it to those shared by others.

All cards will be removed from the Cross on Good Friday, April 14th. They will be burned at the start of our Easter Vigil on Saturday, March 31. In this way, we will remember that Christ died to cancel our sins, and the burning cards symbolize this cancellation.



Easter Flower Orders—Due Friday, March 23

Parish News ...

Please Keep in Your Prayers For healing from illness or surgery this week:

Lucie Hellberg, Peggy Hull, Joseph Nolt, Chris Payonk, Cass Schnader, Lorraine Steele

Grace folks who have asked for our continued prayers: Gloria Ashby, Bonnie Beecher, Mary Bitts, John & Dolores Byers, Barbara Elder, Rose Fasig, Ruth Galebach, Jennie Hanna, George & Judy Hansalik, Ellen Hines, Krisi Johnson, Barbara Kline, Flo Koenig, Barb Krimmel, Pat Long, Jan Lutz, Tom Miller, Jeremy Morant, Jim Morant, Mike Ober, Myrna Pierson, George Ries, Ann Ross, Jean Schaum, Dave Schober, Corey Smith, Jay Smoker, Mike Snyder, Harvey Stewart, Pat Stewart, Emma Stumpf, Peter & Suzanne Verkouw, Carolyn Wenger, Janet Wood

Grocery Card Ministry



THANK YOU for your purchases of shopping cards!
Grocery cards are available every Sunday morning or by calling ...
Duane and Kitty Weiss at (717) 464-2536.



Please note*
Shopping cards note that cards will not be available on Sunday April 1 (Easter Sunday)

Stewardship Snippet

March 25, 2018 (6th Sunday in Lent, Year B)

Philippians 2:5 – Let the same mind be in you that was in Christ Jesus.



How do we best use our lives – that is, be good stewards of our lives? Paul tells us to embrace and develop the same mindset that Christ had. Which of Jesus’ attitudes of heart and mind do you need to cultivate to live more fully?

STEWARDSHIP

Announcing a new English Literacy (ESL) Program at Grace



Through working with Florida and her family who moved from the Democratic Republic of the Congo to Lancaster, we saw the need for a basic English class for recently resettled refugees that would provide childcare for their young children.

Our class will be focusing on 'survival English' for adults while their children learn in a preschool environment. Classes will be held on Tuesday and Thursdays mornings from 10-11:30 am, starting April 3rd and ending May 31st. If you would like to help with the classes please call the office or Barb Andersen.

If you would like to help in other ways we could use the following: beginner puzzles and books, diapers, baby wipes, feminine and personal hygiene supplies. Useful items to use as Bingo prizes: hand towels, wash cloths, cleaning supplies etc..